

Buddha Relic *June First 2010*

Today is the 1st June 2010 ... 5 days ago ...



.. We went to see a "Buddha" relic from Sri Lanka that was "exposed" while being given to a Thai Monk ...

I went into it - to feel myself in the middle of a huge opening multi coloured series of lotus petals that extended into the sky - wow, very beautiful. So this is what a first class relic is like ...

I will try and see it again tomorrow. I doubt if anyone else got zapped by it.

and I did go the next day

The relic was now at the Sri Lankan temple in Canberra.



We drove there. The car park was empty – and so was the inside of the temple.

But there in the temple's centre was the glass enclosed relic that just the day before had given me the blissful experience of being inside and expanding lotus flower that was reaching ever upwards in glowing, glimmering petals.

So I got as close as I could, sat down and tried to focus in.

I felt myself being checked out by a deva ... “hum, who is this, what use could he be?” Other than that, just a slight feeling of radiating warmth coming from the relic.

I moved around a bit and then went back to mediation. Always receiving the same feeling of energy radiating towards me, but never a feeling of bliss, or anything else.



It's also what the Tibetans do when they make sand Mandallas. So why not the Sri Lankans well?

There is a post script to this story.

Another, five days have passed.

In the meantime I went into a deep depression. Now this is unusual for me, a once a year event, unheard of if I am near nature ... and I am.

What, I wondered, could be the cause?

Then three nights ago I had a dream. In it a little devil like creature presented itself in an imaginary bathroom. It had a horrid face. Hummm, I thought this is not right and why is it associated with the bath room drains? Is one of my friend's in trouble and so is presenting me with this picture? I checked that and it didn't fit. So what ... then it came to me, it was a Being associated with the Buddha tooth relic.

So I started to explore that idea with visualisations. I didn't dare use the Message Stone.



I was reminded of some of the German energies I encountered. The Externsteine area with its old dragon/devil/worm forces under the tree of life - which I describe in chapter 13 of the German Message Stone book.

Then it occurred to me that over and under the tooth relic there is also has a huge tree like structure, a trunk that I was whisked up into with the unending lotus petal effect when I had my first positive experience.

And underneath are complex root shapes, with hidey holes in them. And in those holes are the little devil like creatures that were riding on my back and making me depressed.

How where they making me depressed? By using my energy body to travel around in the world of the day and in so doing lowering my vibrations to a point where I could no longer sense and enjoy the beauty of nature.

So fortunately it - they - overplayed their hand and so gave themselves away to my curiosity and awareness. So I worked at separating myself for the toothy reality.

Then last night, as I was falling asleep I felt a centipede crawling over my skin, caught in the folds between my body and the doona. A near

relative of the devastating underground worms that I describe in Chapter 9, that flowed out of Hitler's Eagle's Nest teahouse on Kehistein hill.



Clearly, the separation is not complete yet, but the depression is gone.

Interesting, I wonder how many people suffer depression from attachments?

Photographs from "Message Stone in Germany" Book. After encountering the worms at Hitler's tea house.

The Externsteine area, the central core of the Nazi German folk soul.